



ECO-TREKKING

Day 1

Comodoro Hotel ****

Once you arrive at Havana International Airport you will meet your English-speaking tour guide. You will be taken to Havana City where you will check into the Comodoro Hotel. This is a 4-star hotel with views of the ocean and where you will have be having your dinner.

Day 2

Comodoro Hotel ****

After breakfast at the hotel you will go sightseeing Havana (approx. 2 hrs.) and included is a guided walking tour in the Old Town. You will be visiting the most interesting places in Old Havana's Historic Quarter a World Heritage Site. Among other places you'll visit the Cathedral Square Plaza de Armas, San Francisco de Asis Square and the city's Museum. After lunch at local restaurant you will be returned to the hotel and can enjoy the rest of the day at your leisure. Dinner will be provided at the hotel.



Day 3

Comodoro Hotel ****

Breakfast will be at the hotel after which you will depart for a full day walk in Soroa. The walk will begin at the Soroa Hotel and will lead to a river and into Sierra del Rosario reserve. After a picnic lunch you will meet the local guides and have an option of walking 13 km from a farmhouse, through a community village on footpaths to a restaurant by a lake. Later you will return to the hotel where you will be served dinner.

Day 4

Helechos Hotel

Day 4 will start with breakfast at the hotel and then you will be transferred to Cienfuegos. This city is one of the most beautiful and preserved cities in the south coast of Cuba. You will have a guided walking tour and be able to sightsee of the most interesting streets and squares. Lunch will be at a local restaurant after which you'll be visiting Topes de Collantes, a beautiful Natural Park on top of the mountains of Escambray Ridge. After your visit you will check-in at Helechos Hotel (3-stars) where you will be able to have dinner.

Day 5

Helechos Hotel

Texto 5 The morning will start of with breakfast. You will depart from the hotel in a Russian Army truck for Hanabanilla Lake for a full-day walk. The morning starts of with a 4-hour walk that commences at the lake on woodland tracks, and leads up-hill part way to Guanayara. You will be able to rest at a farmer's house where you will have a picnic lunch. Amenities such as a rest stop, shop, etc. are available. In the afternoon you will continue to walk to a waterfall and later return to the house. This round trip will take approximately 3-hours and will be easier than the mornings walk. After the long day of walking you will be able to enjoy dinner at the hotel.

Day 6

Helechos Hotel

You will have breakfast before you start your full day of walking. The morning walk is mostly up-hill through a rain forest. You will have time to regroup at the farmer's house and then continue walk to Codina. You will have lunch at Hacienda Codina. The afternoon walk is less difficult than the morning's walk. Once the afternoon walk is done you will depart Guanayara for Helechos Hotel in a Russian Army truck.

Day 7

Helechos Hotel

Breakfast will be at the hotel. There will then be a short drive to Vega Grande community, where you start your trek down a mountain to Vega Grande Waterfall. You will then get to walk along the stream to reach Caburni Creek and then go back to the hotel. This trek has the most beautiful surroundings on the trip. Vega Grande and Caburni are the most famous and gorgeous waterfalls in the Escambray. A picnic lunch is included and dinner will be at the hotel.

Day 8

Hotel Ancon

After breakfast at hotel you be going for another full-day walk. You will be departing the hotel for a walk in el Cubano. This is a cross-country mountain walk that takes you to a lookout point with



views of Trinidad and Caribbean Sea (approx. 1.25 hours). Continuing from the lookout point you will head into a forest. Following easy woodland paths it will take you to a farmer's house for lunch. The walk will continue to a waterfall taking 2.45 hours where you will enjoy swimming and leisure time. After this you will return to the house on foot. A truck will transfer you to a bridge where coaches will be waiting to transfer you to Hotel Ancon, an all-inclusive 3-star hotel at Ancon Beach. After check-in you will be able to have dinner there.

Day 9

Hotel Ancon

After enjoying breakfast at the hotel you will depart for Trinidad, a World Heritage Site. This village was founded on Cuba's central-south coast in 1514. It is the best preserved and most visited of the country's provincial colonial cities. It is perched on the foothills of the Escambray Mountains overlooking the Caribbean Sea. This World Heritage Site is considered as a museum-city of colonial opulence due to the preservation of its Spanish architecture of past centuries. In Trinidad there is a guided walking tour of the old area, and a visit to a local museum. Lunch will be at a local restaurant after which you will walk back to the hotel from La Boca. This walk is approximately 11 km through villages and along the sea. A bus is available if you need.

Day 10

Hotel Ancon

This mornings breakfast is at he hotel after which you will go to Sugar Mill Valley. There you will take a walk towards the Community village, following a winding pathway though the sugar plantation and finally up to the lookout restaurant (approx. 1.5 hours). Bus will be available if you need. Picnic lunch will be had on route. After returning to the hotel you will be able to have leisure time and dinner.

Day 11

Comodoro Hotel ****



Breakfast can be eaten at the hotel after which you will take a return journey to Havana. There will be a lunch stop on route to the hotel at Fiesta Campesina Restaurant. You will be checking into the Comodoro Hotel for the final days of the trip. The evening can be enjoyed at your own leisure.

Day 12

Comodoro Hotel ****

Day 12 will start with breakfast at the hotel and later you will have an optional Tropicana Show that you can go to. You will be able to spend the day at your leisure or choose one of the optional tours offered.

Day 13

Comodoro Hotel ****

Breakfast will be included, and you can enjoy the day with an optional tour.

Day 14

Departure

After breakfast you will be transferred to Havana International Airport for your flight back to your country of origin.

Included:

- Transfer to/from airport and all hotels
- 6-nights accommodation at Hotel Comodoro **** (MAP) (Day 1-3 & 11-13)
- 4-nights accommodation at Helechos Hotel
- 3-nights accommodation at Hotel Ancon
- Accommodation, meal plan and activities as per itinerary
- 2 bottles of water per person per day (during trekking activity)

Not Included:

- Air / Taxes
- Cuban Tourist Card (\$20CAD)
- Cuban Departure Exit Tax paid locally (25.00CUC Cash)
- Gratuities / Expenses / Personal Insurance

Pricing:

- E-mail at info@designtravel.ca or by phone at (416) 235-1212.

Note:

- Duration: 14-days / 13-nights

Meal Plan Coding:

- MAP – breakfast & dinner

Links:

Optional Excursions

www.designtravel.ca/services/servicesworld/excursions/excursions.html

Terms and Conditions

www.designtravel.ca/termsandconditions/termsandconditions.html