



## TREKKING CENTRAL CUBA

### Day 1

#### *Costasur Hotel \*\*\**

Upon your arrival an English-speaking tour guide will greet you. After the meet and greet you are transferred to the Costasur Hotel, where you check-in and have dinner.

### Day 2

#### *Los Helechos Hotel \*\*\**

Breakfast is served at the hotel. After a good sleep you have the opportunity to explore the beautiful historical city of Trinidad. Trek to El Cubano along a hillside path, high above the valley floor. We encounter the obligatory steep climbs en-route but are rewarded on reaching the top with the stunning views down to the UNESCO World Heritage City of Trinidad and our first glimpse of the sea. As we descend through the rural farmland we stop for picnic lunch in a local farm before heading to the Caballero waterfall and its surrounding crystal clear pools. Accommodation and dinner are at Helechos Hotel on top of the mountains of Topes de Collantes, one of the most beautiful areas of Escambray Mountains.



### Day 3

#### *Camping Guanayara*

Breakfast will be served at the hotel. Drive to Jibacoa where you'll start your trek to Guanayara. The trek takes you along Jeep tracks up stream above the Rio Guanayara. Pass through beautiful shady forests and follow along the river to cascading waterfalls and bathing pools. Picnic lunch is included as well as a dinner. The night is spent camping. The approximate hours of trekking is 6-7 hours, 18km.

### Day 4

#### *Camping Codina*

After breakfast you trek to Codina. Your route climbs 400m on small mule tracks through the lush orange and mango orchards and stunning scenery. After a brief stop you continue to climb through coffee plantations affording great views back down to the reservoir. You then drop steeply down to join up with the road briefly and on to El Sirio, for a convenient drink stop before continuing on to lunch. The afternoon is a gentler climb up to Codina and your second night camping. Dinner is at Codina Hacienda. The trek is approximately 5-6 hours, 15km.

## Day 5

### **Los Helechos Hotel \*\*\***



After breakfast trek to Topes de Collantes. Heading out from camp along the small path known locally as the Encantos de la Codina through more coffee plantations down to La Batata where the river forces itself through a crack in the limestone. Continuing on you enter a beautiful wooded forest planted in the 1930's which contains over 300 varieties of trees. On to your evenings accommodation in Topes de Collantes and a picnic lunch is included. Dinner is at Los Helechos Hotel. You will trek for 3-4 hours, 10km.

## Day 6

### **Costasur Hotel \*\*\***

Breakfast is at the hotel and the trek is to Vega Grande – Caburni. After a hearty breakfast and a good night's sleep you head to the Vega Grande Falls following the Rio Vega Grande to its confluence with the Rio Caburni. Picnic lunch is included and you will be transferred back to Costasur Hotel. Dinner is also at the hotel. Trekking is for approximately 6-7 hours, 15 km.

## Day 7

### **Cayo Iguana**

Your excursion starts after breakfast at the hotel. The excursion is to Cayo Iguana in a catamaran. Departure is from the marina, and the catamaran trip is to a virgin key. Welcome cocktail, snorkeling in the coral reef sites and free time are available at the island. You will have a lunch and a drink. After you have time for swimming and then return to the marina. Transfer back to the hotel, checkout and then a transfer to your arrival city. Accommodations at the hotel and dinner are included.

## Day 8

### **Departure**

After breakfast at the hotel you are transferred to the international airport for your flight back to your country of origin.

#### **Included:**

- Transfer to/from airport to/from hotel
- A/C coach during all the transportation
- 2-nights accommodation at the *Costasur Hotel \*\*\** (MAP) (Day 1 & 6)
- 2-nights accommodation at the *Los Helechos Hotel \*\*\** (MAP) (Day 2 & 5)
- 1-night accommodation at *Guanayara* Camping (MAP)
- 1-night accommodation at *Codina* Camping (MAP)
- 1-night accommodation at a 3-star hotel in your arrival city (MAP)
- Lunch as per itinerary

- 500ml of bottled water with each meal and another 500ml of bottled water for day walk
- Excursion as per itinerary
- *Trinidad* city tour

**Not Included:**

- Air / Taxes
- Cuban Tourist Card (\$20CAD)
- Cuban Departure Exit Tax paid locally (25.00CUC Cash)
- Gratuities / Expenses / Personal Insurance

**Pricing:**

- E-mail at [info@designtravel.ca](mailto:info@designtravel.ca) or by phone at (416) 235-1212.

**Note:**

- Duration 8-days / 7-nights

**Meal Plan Coding:**

- MAP – breakfast & dinner

**Links:**

**Optional Excursions**

[www.designtravel.ca/services/servicesworld/excursions/excursions.html](http://www.designtravel.ca/services/servicesworld/excursions/excursions.html)

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