



KAYAKING ADVENTURE IN SAN BLAS

Day 1

Panama City

Upon arrival in Panama City, at Tocumen International Airport, you will meet your English-speaking guide. You will be given a ride to Albrook Inn or a similar accommodations where you will check-in and stay overnight.

Day 2

San Blas

In the early morning you will take a 1-hour flight to Corazón de Jesús. Panga across the channel to Isla Tigre. Meet with the community and later become familiar with our boats. In the afternoon, you will paddle to the mainland rain forest to visit cemeteries and do some bird watching.

Accommodation: Comfortable Tent camping

Day 3

Kayaking San Blas Archipelago

Today we will paddle to an uninhabited island within the community managed marine protected area (3-4 hours) . The paddle includes two channel crossings, a great and exciting start to the trip.

Accommodation: Tent camping (All meals)



Day 4

Kayaking & Sichirdup

Island-Today we will cruise across the offshore sand cays, and cross the Mangles channel to the mysterious white sand island of Sichirdup where Kuna biologists have a small research program. We will be able to kayak the nearby reef and deep channel within this stunning area.

Accommodation: Tent camping (All meals)

Day 5

Hiking on the Mainland

After breakfast we will have a full day trip to Rio Paloma to discover primary rainforest and hike up the river. You will have the opportunity to bathe in the fresh crystal clear river water and look for crocodiles, giant river otters, toucans, birds of prey, monkeys and possible tapirs! You will be able to do some kayaking and trekking.

Accommodation: Tent camping (All meals)

Day 6

Return to Panama City

You will take an early morning flight to Panama City. Upon your arrival you will be transferred by a representative to the hotel Albrook Park or similar.

Day 7

Departure

At the appropriate time you will be transferred to Tocumen International Airport for your departure.

Not Included:

- Air / Taxes
- Gratuities / Expenses / Personal Insurance

Pricing:

- E-mail at info@designtravel.ca or by phone at (416) 235-1212.

Note:

- Duration: 9 days / 8 nights

Links:

Optional Excursions

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